E te Atua
ārahina i ahau
tiakina ahau
whakamārama tia
te rama o toku manawa
kia meinga ahau hei whetū
tīahoaho

Ko koe te kaha rawa
me te mana
ko koe te kaha rawa
me te mana

‘Abdu’l-Bahá
Prayer | Lesson 1

O Lord!
I am a child; enable me to grow beneath the shadow of Thy loving-kindness. I am a tender plant; cause me to be nurtured through the outpourings of the clouds of Thy bounty. I am a sapling of the garden of love; make me into a fruitful tree.

Thou art the Mighty and the Powerful, and Thou art the All-Loving, the All-Knowing, the All-Seeing.

‘Abdu’l-Bahá
Lesson 1:

Intone, O My servant, the verses of God that have been received by thee, as intoned by them who have drawn nigh unto Him, that the sweetness of thy melody may kindle thine own soul, and attract the hearts of all men.

Bahá’u’lláh

Review of related Grade 1 quotes

“We should at all times manifest our truthfulness and sincerity…”

’Abdu’l-Bahá

“Be thou happy and well pleased and arise to offer thanks to God, in order that thanksgiving may conduce to the increase of bounty.”

’Abdu’l-Bahá
Lesson 2:

It is the greatest longing of every soul who is attracted to the Kingdom of God to find time to turn with entire devotion to his Beloved, so as to seek His bounty and blessing and immerse himself in the ocean of communion, entreaty and supplication.

‘Abdu’l-Bahá

Review of related Grade 1 quotes

“Verily, I supplicate God to enkindle in thy heart the fire of His love…”

‘Abdu’l-Bahá

“O Son of Man! Rejoice in the gladness of thine heart, that thou mayest be worthy to meet Me and to mirror forth My beauty.”

Bahá’u’l-láh
Lesson 3:
O SON OF LIGHT!
Forget all save Me and commune with My spirit. This is of the essence of My command, therefore turn unto it.
Bahá’u’lláh

Review of related Grade 1 quotes
O SON OF MAN! Humble thyself before Me, that I may graciously visit thee.
Bahá’u’lláh

Know that thy true adornment consisteth in the love of God and in thy detachment from all save Him, and not in the luxuries thou dost possess.
Bahá’u’lláh
Blessed is the spot, and the house, and the place, and the city, and the heart, and the mountain, and the refuge, and the cave, and the valley, and the land, and the sea, and the island, and the meadow where mention of God hath been made, and His praise glorified.

Bahá'u'lláh
Prayer | Lesson 4

O my God! O my God!
Unite the hearts of Thy servants, and reveal to them Thy great purpose. May they follow Thy commandments and abide in Thy law. Help them, O God, in their endeavour, and grant them strength to serve Thee. O God! Leave them not to themselves, but guide their steps by the light of Thy knowledge, and cheer their hearts by Thy love. Verily, Thou art their Helper and their Lord.

Bahá’u’lláh
Lesson 4:
O SON OF BEING!
My love is My stronghold; he that entereth therein is safe and secure, and he that turneth away shall surely stray and perish.

Bahá’u’lláh

Review of related Grade 1 quotes
O FRIEND!
In the garden of thy heart plant naught but the rose of love...

Bahá’u’lláh

O SON OF MAN!
Humble thyself before Me, that I may graciously visit thee.

Bahá’u’lláh
Lesson 5:

The Tongue of My power hath, from the heaven of My omnipotent glory, addressed to My creation these words: ‘Observe My commandments, for the love of My beauty.’

Bahá’u’lláh

Review of related Grade 1 quotes

The source of all glory is acceptance of whatsoever the Lord hath bestowed, and contentment with that with God hath ordained.

Bahá’u’lláh

Trustworthiness is the greatest portal leading unto the tranquillity and security of the people.

Bahá’u’lláh
Lesson 6:

O SON OF MAN!

Neglect not My commandments if thou lovest My beauty, and forget not My counsels if thou wouldst attain My good pleasure.

Bahá’u’lláh

Review of related Grade 1 quotes

Supremely lofty will be thy station, if thou remainest steadfast in the Cause of thy Lord.

Bahá’u’lláh

Happy is the faithful one who is attired with the vesture of high endeavour and hath arisen to serve this Cause.

Bahá’u’lláh
O my Lord!

Make Thy beauty to be my food, and Thy presence my drink, and Thy pleasure my hope, and praise of Thee my action, and remembrance of Thee my companion, and the power of Thy sovereignty my succourer, and Thy habitation my home, and my dwelling-place the seat Thou hast sanctified from the limitations imposed upon them who are shut out as by a veil from Thee.

Thou art, verily, the Almighty, the All-Glorious, the Most Powerful.

Bahá’u’lláh
Lesson 7:

The purpose of God in creating man hath been, and will ever be, to enable him to know his Creator and to attain His Presence.

Bahá’u’lláh

Review of related Grade 1 quotes

Supremely lofty will be thy station, if thou remainest steadfast in the Cause of thy Lord.

Bahá’u’lláh

Know that thy true adornment consisteth in the love of God and in thy detachment from all save Him...

Bahá’u’lláh
Lesson 8:
Exert every effort to acquire the various branches of knowledge and true understanding. Strain every nerve to achieve both material and spiritual accomplishments.

‘Abdu’l-Bahá

Review of related Grade 1 quotes
Be thou ever hopeful, for the bounties of God never cease to flow upon man.

‘Abdu’l-Bahá

Be thou happy and well pleased and arise to offer thanks to God, in order that thanksgiving may conduce to the increase of bounty.

‘Abdu’l-Bahá
Lesson 9:
He must search after the truth to the utmost of his ability and exertion, that God may guide him in the paths of His favour and the ways of His mercy.

Bahá’u’lláh

Review of related Grade 1 quotes
Trustworthiness is the greatest portal leading unto the tranquillity and security of the people.

Bahá’u’lláh

O SON OF BEING!
Thou art My lamp and My light is in thee. Get thou from it thy radiance and seek none other than Me.

Bahá’u’lláh
no room in my heart for prejudice

“God does not look at colors; He looks at the hearts. He whose heart is pure is better.”

‘Abdu’l-Bahá